



# San Bernardino MAPS

## Members Assertive Positive Solution

At the San Bernardino Members Assertive Positive Solution (MAPS) program, we are here to help you feel better, stronger, and take positive steps towards the things that matter to you in your life.

We believe that recovery is possible with the right plan in place. Our job is to do whatever it takes to support you in your recovery journey. We have a full staff of peer specialists, personal service coordinators, masters-level social workers, nurses, and psychiatrists, who are all here to promote a program culture where resilience and hope can flourish, and losses can be recovered.

Our program is based on the Assertive Community Treatment (ACT) model, where we connect you to the proper resources that can help you achieve your goals. We will work together with your family, friends, and community to help you take steps toward making recovery happen.

## What to Expect

Your recovery journey is guided by your hopes and dreams. Staff will work with you to develop an individualized recovery plan and enhance your recovery process by connecting you with comprehensive, and culturally competent services that you can access in your community.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery.

**Our goal** is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

**“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”**

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



### CONTACT

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### OFFICE HOURS

Monday-Friday: 8:00 a.m. to 4:30 p.m.  
After Hours: 4:30 p.m. to 8:00 a.m.



## Services at San Bernardino MAPS

- Outreach and engagement
- Physical health screening and care coordination
- Comprehensive risk assessment and treatment
- 24/7 availability
- Individualized recovery planning
- Supportive counseling
- Substance abuse intervention and counseling
- Psychosocial rehabilitation services that include symptom management, building independent living skills, and enhancing coping and social skills
- Medication management and support
- Entitlement access and support
- Employment counseling
- Follow-up transportation
- Referrals to peer support groups

## Our Story

San Bernardino MAPS is a community-based program created to serve 85 San Bernardino County adults with serious mental illness. Our primary goal is to provide multidisciplinary wraparound services and supports to ensure members' success in the community, promote hope, wellness, and recovery, and prevent unnecessary readmissions to acute hospitals.

## Becoming a Member

Referrals are coordinated through San Bernardino Department of Behavioral Health and Inland Empire Health Plan.

## Admission Criteria

- Adults ages 18 years and older
- Residents of San Bernardino County
- Diagnosed with a serious mental illness